

TOPICS: Coaching and Training

- Delivering World Class Service to Meet High Customer Demands
- Creating An Environment of Continuous Improvement (for World Class Service)
- Managing Stress (Professional and Personal)
- Personal Leadership and Accountability
- Motivating Staff - For World Class Performance
- Critical & Creative Thinking for High Performance
- Building Strategic Partnerships
- Coaching to Achieve Positive Results (for Managers and Executives)
- Management and Leadership Training (building credibility as a manager/leader)
- Resolving Team Conflict (Disarming and Diffusing Conflict)
- Building a High Performance Team
- Creating and Maintaining a Positive Work Environment (how to handle negative and toxic employees)
- The Art of Negotiation and Persuasion as a Skill Set
- The Changing Workplace
- Doing More With Less
- Leading with Confidence
- Believing in Yourself and Looking Ahead
- Living Your Purpose/Passion and Not Just Making a Living
- 10 Keys to Succeeding Against All Odds
- 8 Secret Steps to Permanent Weight Loss and Keeping It Off
- "Wholistic" Approach to Wellness
- All You Need to Know to Win
- 29 Proven Organizational Skills; Time Management Skills for Highly Effective People
- How to Start and Succeed at Business, Including How to Start without Capital
- Entrepreneurship - Is it for Everyone?
- Step Outside Your Comfort Zone and Achieve!
- Don't Quit on the Brink of Your Success!
- It's Not What You Have, It's Who You are!
- Take Risks! It's the Only Way!
- All You Need to Know to Make a Comeback!
- 5 Things You Didn't Learn in College That Will Help You to Excel in Life!
- It's Your Life; Take Charge of It!
- If You Have the Courage and Strength to Survive, You Have the Power to Succeed!
- The Future of Your Health Can't Wait, Do it Now!
- Overcoming the Odds in Self-publishing!
- Independent/Self-publishing: Is it For Everyone?
- Seven Drivers for Success!
- I Have a Dream That You Have a Dream - What Did You Do With It?
- Don't Give Your Power Away; It's All You Have!
- Keep on Pushing; Change Will Surely Come!
- It's Not What Happened To You, It's What you Did With It!
- How to Succeed Against All Odds and Make Adversities Your Footmat!

- Entrepreneurship is a Form of Creative Freedom and Power, Engage in It!
- Personal Development/Growth Success Training
- Winning Mindset and Wellness Mentality
- Your Wealth is Your Health – Take Charge of It!
- The Power of Consistency
- Leading with Confidence, Excellence and Integrity
- Entrepreneurship: Expanding Your Career Options in the Twenty-First Century
- Diversity Training: Unity amongst our Differences, Understanding, Support and Progress
- Organizational and Time Management
- Essential Skills for Managing Conflict
- How to Thrive During Hard Times and Economic Down Turn
- Discover the 7 Secrets of Top Achievers
- 5 Secret Steps to Achieve Your Impossible
- If you have the strength and Courage to survive, you have the power to succeed!
- Resilience – The Single Most Characteristic of Every Successful Person!
- Looking Ahead and Believing in Yourself!
- The Power of Conscious Decision Making
- Professional Development
- Telephone and Email Rules of Engagement
- Setting Goals and Achieving Them
- Resilience – The Single Most Important Characteristic of Every Successful Person
- Look Ahead and Believe in Yourself
- Corporate Leadership
- Make a Conscious Decision To Succeed
- Your Journey Begins When You Decide
- Understanding Leadership in the 21st Century: Looking at life, work and relationships from a cooperative, educative, informative and empowering perspective to enhance and advance in life.